

St Mary's School Newsletter

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Volume 1 Issue 4

19 March 2019

St Mary's Catholic School is a community that walks in the footsteps of Jesus and works in partnership with families in the Josephite tradition, to develop and educate the whole child.

St Mary's School Board Members

Fr. Joseph Thippabathini, PA
Sharon Gleeson 0409 506 923
Katherine Jamieson

Catherine Fraser, Principal
Stephen Francis 0418 178 630
Andrew McLean 0409 801 963

Kathy Barlow 0488 552 518
Lisa Hitchcock
Amanda Williams 0400 108 564

St Mary's School is committed to child safety and to the inclusion of all students.

ACKNOWLEDGEMENT



St Mary's acknowledges the Taungurung people, the traditional custodians of the land on which our school is situated. We commit to working in partnership with Aboriginal people for reconciliation and justice.

THOUGHT OF THE WEEK

"Work on with constancy and courage"

4.7.1876

VALUES OF THE WEEK

Reverence and Awe

Be patient, therefore, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, being patient about it, until it receives

the early and the late rains. James 5:7

The summer season is slowly fading. The dry earth is parched and yearning for rain. The shading trees of summer are changing and some are losing their leaves. The birds are on the wing. Evening brings cooler nights, the harshness of the summer sun is waning and cooling breezes herald the change in season.

The days begin to shorten. It is the time of slowing, a time when light diminishes and the darkness increases. Winter is on the way. Autumn reminds us of Nature's cycles – the eternal rhythm of change and renewal, of living and dying. Living in the tropics has its advantages, not the least the climate. No winter cold, no biting winds, just the wet and the dry. But there was no autumn with its changing colours, its myriad pattern of coloured leaves and the gentle sun. Autumn has a more subdued spirit. It has the feel of patience about it, a time of letting go of the old and waiting patiently for the new.

It is a time to take stock, time to prepare the soil (and ourselves) for this renewal. We believe that the God of All Seasons breathes life into this process. It is part of the ancient and ever unfolding story of Creation.

My life too has its seasons. Autumn is a time for letting go, accepting that all things do not last forever. Life has its moments of surrender, its moments of waiting in hope, its moments of accepting the new with courage and faith in a loving God.

There is

a time to search and a time to give up,
a time to keep and a time to throw away,
a time to tear and a time to mend, *Eccles 3*

Autumn is the season that encourages us to discover what needs to be left behind and what needs to be carried into the future, holding on to the things that have given me life and releasing things that which may be holding me back, the things that have outlived their purpose. Autumn reminds us that change is an essential part of nature. It is always with us. We can be afraid of the unknown, afraid of the new adventures that God has in store for us. Autumn is a time of endings, perhaps a time tingled with melancholy as we look to what is ending in nature and remind ourselves that our time is limited. It is a time designed to help us to tell our own story; to rejoice in the time we have been given, to look again at the colours of our own stories and adventures and to wonder at their meaning and purpose. As we look at the lesson of Creation, we come to realise that death leads to rebirth, to new beginnings, that with death life is changed, not ended. Autumn is a time of hope. The birds will return and the leaves will emerge again and come to life in the spring. Above all, perhaps, Autumn is the time to answer the call.

Be still and know that I am God Ps 46:10

Writings by Jim Quillinan

Mrs Fraser and her family gathered for the wonderful wedding celebration of her youngest son James and Ingrid over the weekend. The autumn weather made for a perfect day in the beautiful gardens of Noorilim in Warring. Mrs Fraser will return to school next week before attending a VACPSP Conference. (Victorian Association of Catholic Primary School Principals).

Cate Fraser
PRINCIPAL





Mon & Wed	<u>Breakfast Club</u> 8:30am
Thu	<u>Bluearth</u> (Runners to be worn)
22 Mar (Fri)	<u>Ride2School Day</u> Breakfast to be provided
25 Mar (Mon)	<u>P&F AGM</u> 9:00 am in staff room - ALL WELCOME
29 Mar (Fri)	<u>Caritas 'K'Day (gold coin donation)</u> Come dressed a something starting with K
1 & 2 Apr (Mon & Tue)	<u>PUPIL FREE DAYS</u> Staff PD
5 Apr (Fri)	<u>Last Day of Term 1</u> Students dismissed @ 2:20pm
20 Apr (Sat)	<u>Rushworth Easter Heritage Festival</u> Donations & Helpers Required
3 May (Fri)	<u>Athletic Sports Shepparton</u> Parent Volunteers needed
8-10 May (Wed-Fri)	<u>Grade 5/6 Camp</u> Info to be sent out in Term 2

CONGRATULATIONS

Congratulations to Prue and Hugh Barlow on the safe arrival of their baby boy Max.



FOOTYS BACK!! FOOTY TIPPING 2019

Don't forget to pick up your footy tipping sheets from the school office, Perry's Butchery, Colbinabbin General Store, Stanhope Post Office or Rushworth IGA.

GARDENING

March Families

Mandy & Andrew McLEAN
Jodie & Hayden CRABTREE
Jessica CAMPBELL
Katrina & Bill OGDEN
Libbi & Chris ROBERTSON



April Families

Kathy & Mark BARLOW
Jayde YOUNG
Trish McILROY & Aaron WILKINSON
Chanelle & Terry OLNEY
Rachel & Michael FORDE

The gardening group is asked to please weed, sweep and dust cobwebs around the school gardens/grounds. Thank you for your assistance.



SCHOOL DROP OFF/PICK UP

Presbytery side 8:00am to 5:00pm
(No Standing)

School side 8:30-9:00am & 3:00-4:00pm (No Standing)

It is important to note that students must be dropped off and collected from the school car park in Hume Street. There are **NO STANDING** signs in Southam St as buses pull up at the front gate of the school.

In the mornings parents/carers are asked to park in the school car park and escort your child across the road (**please cross between the two suggested walkways**), then to the school gate. In the afternoons a teacher will escort all children across the road to the car park and wait by the tennis court fence.

Parents/carers are asked to get out of their car and walk to the fence to collect their child/ren. NO child is permitted to walk in the car park without adult supervision.





ASTHMA CARE PLANS REMINDER

With spikes in asthma flare ups common after the school holidays, parents/carers around Australia are being urged to put their child's asthma plan at the top of their Back to School list.

According to Asthma Australia, researchers have found that there is a rise in asthma flare-ups when children return to school after the Christmas break, resulting in a significant increase in emergency department visits, hospitalisation and days off school. In preparation for the return back to school, we are advising parents/carers to review and update their child's Asthma Action Plan with their GP, with support from their local community pharmacist.

Being sent home today is an Asthma Care Plan which you can take with you to your GP.

Pharmacists can also educate parents/carers about the proper use of inhalation devices, especially if their children have just been diagnosed and they are feeling uncertain or overwhelmed.

It's important that parents/carers and their children are thoroughly educated about the condition, so they know their triggers and warning signs for an attack and they know what steps to take.

PAM

HAVE YOU DOWNLOADED THIS APP ON YOUR MOBILE (VIA THE WEBSITE)?

A login set up sheet was sent out to all NEW families mid February.

Parent Access Module (PAM) provides you with all the essential information to become more involved and connected with the everyday learning of your child/ren at St Mary's Primary School.

With the introduction of PAM, you as a parent/carer will now be able to view the following information:

- ☑ Daily messages and upcoming events
- ☑ School links
- ☑ Student absences (and reporting of these)
- ☑ Student reporting (when available)
- ☑ Parent Teacher Online Bookings (when available)

Each of these sections of PAM allows you to see things that your child/ren may be involved in.

A PAM account has now been allocated to one primary carer in each family. All parents/carers



should now be accessing PAM. Instead of phoning the school office advising of your child's absence, you can now log directly into PAM. This can be done first thing of a weekday morning. For absences longer than one day please contact the school to advise (eg. doctors orders, holidays, etc).

We strongly encourage you to visit PAM frequently and become further involved with your child's education at St Mary's Primary School.

If you have any questions about PAM, please make contact through the school office. We look forward to assisting you with this fantastic opportunity to share in our collective efforts to provide the very best education for all students.

HOLY WEEK PRAYER SERVICES

Holy Week is a very sacred time of the year, as it is the time leading up to the great Easter Feast. The season of Lent, has been focused on conversion, fasting, praying and alms-giving, will come to an end. We used this season to prepare and renew ourselves for a deeper relationship with God. The entire period of Lent is a time of personal and spiritual preparation for the passion, death and resurrection of Jesus. Holy Week begins with Palm Sunday and concludes with the resurrection on Easter Sunday. Each class will prepare a prayer service for Holy Week. All are welcome to attend.

Friday, 29 March: Palm Sunday, F/1TP

Wednesday, 3 April: Holy Thursday, 1/2MS

Thursday, 4 April: Good Friday, 3/4KJ

Friday, 26 April: Easter Sunday, 5/6LH

RIDE2SCHOOL DAY FRIDAY, 22 MARCH

National Ride2School Day is Australia's biggest celebration of active travel and one of the best days in the school calendar. Students are encouraged to use active travel to get to school - walk, scoot or ride to school. There will be a healthy breakfast waiting for you to enjoy when you get to school! Using active travel each day will help children to achieve the recommended 60 minutes minimum physical activity.



*It's going to be a wheelie good day
and we hope to see you there!*

**P&F ANNUAL GENERAL MEETING (AGM)
MONDAY, 25 MARCH**

This AGM will be held in the staffroom commencing at 9:00am. Everyone is welcome to attend.

Hope to see lots of new faces there.

**CARITAS FREE DRESS DAY F/1/2 CLASSES
FRIDAY, 29 MARCH**

Please come dressed as something starting with k and if able give a gold coin donation.

**ATHLETIC SPORTS
FRIDAY, 3 MAY**

The school athletic sports will be held in Shepparton. Please let Mrs Jamieson know if you can volunteer at the sports. We have begun practising and the students are enjoying practising all the different athletics events.

**SCHOOL CAMP (YEARS 5 & 6)
WEDNESDAY TO FRIDAY, 8 TO 10 MAY**

The Grade 5/6 School camp is in Malmsbury at the DOXA camp. Camp information and permission forms will be sent home early in term two.

P&F FUNDRAISING

This year the P&F have decided not to do a BBQ at the Easter market.

We will be running two raffles-Easter Hamper & Guess the lolly jar plus our cake stall.

We are asking for donations of Easter eggs and chocolates for our hamper. These can be left at the office.



We are also asking for helpers from 7:00am to 1:00pm on the day. Please select a time that suits and let Peta in the office know.

SACRAMENTAL PROGRAM

The Sacramental Program, Steps in Faith, has commenced. If you know of any families who may have children wanting to participate in the program please contact the school. The program timeline is with the newsletter.

Please pray for Violet Newlands, Makayla and Matilda Lockwood and their families as they prepare for Confirmation and First Eucharist. The Celebration of Confirmation & First Eucharist will be held at St Mary's Church, Rushworth on Sunday, 28 April, 2019 at 10:00am.

MINI VINNIES COMMISSIONING CEREMONY

Last Friday was an exciting occasion for St Mary's School, as we commissioned our Grade Five students Mini Vinnies as members of the St Vincent de Paul Society. The Society was started so that people of all ages might live out the Gospel message by helping others in need. Blessed Frederic Ozanam and his young friends started the Society in Paris almost 200 years ago when they were students themselves, just like you. They named it after St Vincent de Paul who is the patron saint of charity. There are now almost 1 million members worldwide.

Mr Ian Paterson, President of the St Mary's St Vincent de Paul Conference and Mrs Maree Stewart, Secretary of the St Mary's St Vincent de Paul Conference were very pleased to commission the students as new members of Mini Vinnies.

The St Mary's Mini Vinnies follow the 'Think, See, Do' model, thinking and talking about their spirituality and connecting their faith with issues affecting their community through volunteering, advocacy and fundraising. Not only do the students in Mini Vinnies benefit from the experience, but also the school and wider community benefit has benefitted. This has been shown by all the great work done by our Mini Vinnies over the past four years.



Newly commissioned Mini Vinnies with Mr Paterson & Mrs Stewart.

**FREE DRESS FOR STUDENTS
& TEACHERS IN UNIFORM DAY**

Thank you to everyone who donated and participated. The children enjoyed wearing free dress and thought it was very funny to have their students in uniform!

c/-fwd...

On Friday, 8/3/2019, St Mary's School Grade 5 & 6 class held their Project Compassion Fundraiser. Students got to wear free dress and the teachers had to wear their old school uniform! The Grade 5 & 6 students played a game of volleyball against the teachers. It was a great game that ended in a draw - 17 & 17 points each. We all enjoyed hearing all the younger students cheering us on and having fun! Thanks to everyone for their amazing participation and the donations for Project Compassion.

By Ryley Crabtree and Emily McLean



Grade 5/6 in free dress and Mrs Hitchcock in school uniform.

HOSTEL VISIT

On Tuesday 19 February, the Mini Vinnies visited the hostel with all the Foundation students. We took some of the school's games to play with the residents. We all had a lot of fun drawing, playing snakes and ladders, UNO and we even sang some songs. The Foundation students sang Shotgun and the residents loved it! The Mini Vinnies performed Joyful Joyful and thanks to our Chaplain Jennie for all of her help. We played lots of games it was so much fun, we hope that we can do it again soon!

By Jackie Jones, Millie Simpson, Chloe Johnstone and Jemae Miller



Foundation students and Grade 5/6 enjoyed singing at the hostel.

CARITAS PROJECT COMPASSION

Lent provides an opportunity for us to return to God.

We began Lent on Ash Wednesday, we seek conversion and a change of one's life, renewing our hearts. It is this preparation that will lead us to the celebration of Jesus' Resurrection at Easter.

"Let us leave behind our selfishness and self-absorption, and turn to Jesus' Pasch. Let us stand beside our brothers and sisters in need, sharing our spiritual and material goods with them." Pope Francis

Second Sunday of Lent – 17th March 2019

**PROJECT
COMPASSION**



Tati lives in the remote forest of Indonesia with her husband and children. Earning an income working in a local rubber plantation, her Dayak culture has relied on the rainforest for generations.

However, due to land clearing, many indigenous people are losing their land and livelihoods. Through eco-tourism training supported by Caritas Australia, Tati can now afford to send her children to school. With new hope and commitment Tati aspires to a future free from poverty for her family.

Please donate to Project Compassion 2019 and help lift communities in Indonesia out of poverty, and give them hope to protect our common home.

Lives change when we all give 100%. You can donate through Parish boxes and envelopes, by visiting

www.caritas.org.au/projectcompassion or phoning 1800 024 413.

PROJECT COMPASSION



Peter goes to a boarding school in the Solomon Islands which has experienced water shortages for 60 years. Previously, students would have to walk kilometres each day in search of clean water, which was particularly

challenging for Peter who is living with a disability. With Caritas Australia's support, the school has created a new reliable water system. With more free time and fewer illnesses caused by dirty water, Peter can fulfil his hope of focusing on his studies, providing him with brighter future.

Please donate to Project Compassion 2019 and help young people with disabilities gain access to clean water in the Solomon Islands, providing hope for a brighter future. Lives change when we all give 100%. You can donate through Parish boxes and envelopes, by visiting www.caritas.org.au/projectcompassion or phoning 1800 024 413.



**Jackie Jones
Ryley Crabtree
Thomas Ralph
Yyana Forde**

Wishing a Happy Birthday to everyone celebrating a birthday in the coming weeks.



MONDAY LUNCH ORDERS **(LUNCH PRICE LIST)**

	\$
Meat pie	3.50
Pastie	3.50
Party pie	1.20
Mini pizza (Sup' or Ham & Pine')	3.00
Sausage roll (large)	3.00
Sausage roll (small)	.80
Cheese & bacon roll	1.20
3 filling sandwich	3.50
3 filling roll	4.00
4 filling sandwich	4.00
4 filling roll	4.50
Sandwich with the lot	5.00
Roll with the lot	6.00
Big M (small) (Choc/Straw)	2.50
Nippys (small) (Choc/Straw)	2.50
Primas (Orange or Apple)	1.50
Sauce extra	.20c

Remember: Children will need to hand in their orders, in a paper bag, early on Monday morning as a staff member from the Rushworth Bakery will arrive to collect the orders at 9:30am.

STUDENTS OF THE WEEK

Term 1/Week 6



F/1TP: Eli Shelton & Oliver Walker
 1/2MS: Heath Ogden
 3/4KJ: Lailah Francis, Tom Ralph & Riley Knight
 5/6LH: Stephan Sutton & Charlie McLean

Term 1/Week 7



F/1TP: Yyana Forde
 1/2MS: Patrick Williams & Ruby Griffin
 3/4KJ: Corey Robertson
 5/6LH: Charlie Gleeson



PH: (03) 58 51 8400

Fax: (03) 58 51 8425

8 High Street, Rushworth VIC 3612

"Achieving a healthy community is our mission"



Clinic Hours: Monday - Friday 9:00am – 5:00pm

"Achieving a healthy community is our mission"

Physiotherapist: Every 2nd Thursday

DR Joe Swiss FRACGP, MBBCH, AMC, MSHHM

Mental Health Clinician: Every 2nd Wed

Practice Manager: Deanne Walker

Pathology clinic: Wednesday
 9:00am-11:30am (or by appointment)

Practice Nurses: Amy Francis
 Amanda Williams

Cervical screening nurses: Every 6 weeks

Receptionists: Angela Moore
 Wendy Towan

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Children's Chatter Matters!



Language Learning activities to have a go at home.

PHONOLOGICAL AWARENESS ACTIVITIES FOR CHATTER MATTERS:

PHONOLOGICAL AWARENESS

FINAL SOUND AWARENESS:

I Spy: Identify an object in the room and say I spy with my little eye something that ends with the sound /m/ room, bum, plum, ram, etc. (Make sure to use the sound not the letter name).

This activity can be replicated with other sounds.

PHONOLOGICAL AWARENESS

BLENDING/SEGMENTING

Become a robot leader!

Say this rhyme in a robot voice, sound out simple words, and have your child respond: "I am a robot. Can you help me? Can you tell me what I see? I see a /c/ /a/ /p/."

Encourage your child to repeat the rhyme in "robot talk" and then blend the final word to answer the robot's question.

To make it a segmenting task, the adult says the word and the child breaks it into sounds like a robot.

PHONOLOGICAL AWARENESS

SOUND MANIPULATION

Sound thief:

The child makes different words by changing or deleting sounds in a word e.g. if you are changing all words to begin with /t/ sound then 'chair' would become 'tair' and 'lot' would become 'tot.' For something a bit harder: Try changing the final sound e.g. 'pack' would become 'pat' and 'flag' would become 'flat'.

Ask your child to steal a sound at the start or end of a word and tell you what's left.

For example use names; Say James but steal the j sound = ames. Say James but steal the z sound = Jame. Use words from their readers. b/room, broo/m etc.

WWW.BLUELIGHT.ORG.AU

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POLICE AND VOLUNTEERS

Blue Light

**22ND
MARCH**

KYABRAM FOOTY FEVER

**BLUE LIGHT
DISCO**

**KYABRAM P-12
6-9PM | PREP TO YEAR 9 | \$8 ENTRY**

CONTACT MITCHELL.BULL@POLICE.VIC.GOV.AU OR BRENDA.WALLIS@POLICE.VIC.GOV.AU

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CONDITIONS OF ENTRY AVAILABLE BLUELIGHT.ORG.AU/CONDITIONS_OF_ENTRY

BLUELIGHT_VIC

SACRED HEART SCHOOL
TATURA

Sacred
Heart
Parish
TATURA

wristbands
\$20

Sacred Heart
Parish School
FETE
Friday 22nd March
2019
5-8PM

major raffle
amusements & rides
lucky bottles
showbags
cake stall
cupcake decorating

super spinning wheel
food & refreshments
entertainment
produce stall
milkshakes
& much more

69-75 HOGAN STREET TATURA

Shepparton Festival are excited to present their 23rd annual event.

When: Fri, 15 – Sun, 31 Mar 2019

Where: Various around Greater Shepparton Region

Cost: Free up to \$150

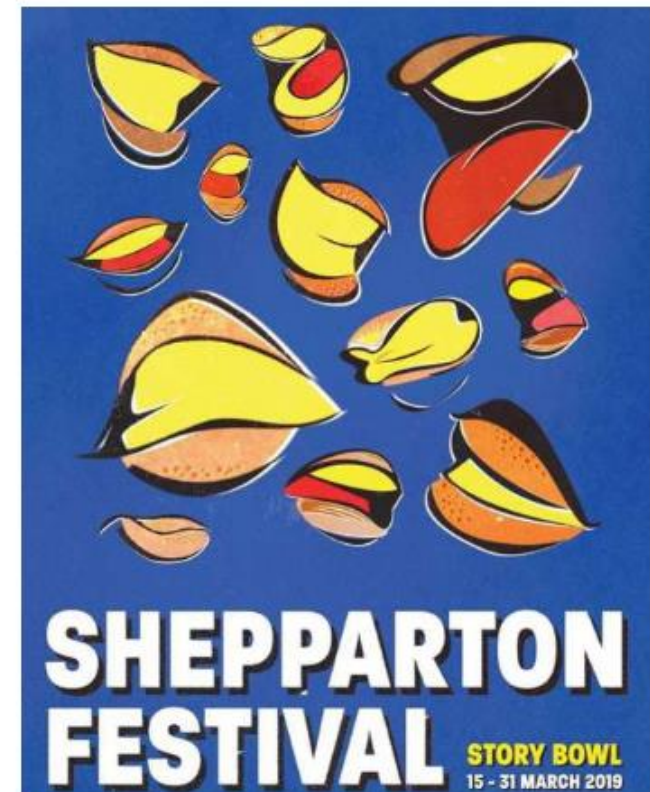
Contact: 0434 560 946 or manager@sheppartonfestival.org.au

Website: www.sheppartonfestival.org.au ↗

Offering over 60 diverse events across the Greater Shepparton region there is something for all ages and to suit all budgets.

Opening night of the festival is 15 March 6 PM at Victoria Park Lake. It's a free event for everyone. Bring a picnic and your family/friends.


Check out the Shepparton Festival Website for more information about each event.



The 52nd Annual
Bendigo Rotary Easter

Art

Paintings Only



At the beautifully restored and historic
BENDIGO TOWN HALL
Hargreaves St Bendigo

2019

Exhibition and Sales



General Exhibition & Sales
Friday 19 to Monday 22 April
Gala Launch & Awards Evening
Thursday 18 April, 7.30pm

Steps in Faith Sacramental Preparation ~ 2019

Date and Time	Event	Facilitator	Place
Week beg: Monday, 25 March	Wk 5 - We remember, We give thanks.	Parent & child groups	(TBC)
Week beg: Monday, 1 April	Wk 6 - We participate, We receive, we go forth.	Parent & child groups	(TBC)
Week beg: Tuesday, 23 April 23 (TBC)	Preparation Day at St Mary's Church, Rushworth	Cate and children	St Mary's Church, Rushworth
Sunday, 28 April at 10:00am	Celebration of Confirmation & First Eucharist	Rev Bishop Leslie Tomlinson	St Mary's Church, Rushworth

RUSHWORTH: Makayla Lockwood, Matilda Lockwood and Violet Newlands.

Some reminders:

1. Remember to sit beside your child when at the meeting and encourage him/her to discuss the questions.
2. Arrange a prayer focus for each meeting i.e. cloth, candle, bible, symbols.
3. Read the chapter for the week before the meeting and be prepared, bringing any items suggested.
4. This is your special time with your child. You are your child's first faith educator.
5. Revise the chapter with your child during the week before the next meeting.
6. Make sure that you enjoy the time meeting other families on the same faith journey.