

# St Mary's School Newsletter

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*St Mary's Catholic School is a community that walks in the footsteps of Jesus and works in partnership with families in the Josephite tradition, to develop and educate the whole child.*

## St Mary's School Board Members

Fr. Joseph Thippabathini, PA  
Kathy Barlow 0488 552 518  
Rob Donovan 0418 576 306  
Lisa Hitchcock

Catherine Fraser, Principal  
Michelle Cross 0447 460 614  
Amy Francis 0429 186 273  
Andrew McLean 0409 801 963

Katie Rasmussen, Deputy Principal  
Renea Cruz, Chairperson 0424 245 442  
Stephen Francis 0418 178 630

**St Mary's School is committed to child safety and to the inclusion of all students.**

## ACKNOWLEDGEMENT



St Mary's acknowledges the Taungurung people, the traditional custodians of the land on which our school is situated. We commit to working in partnership with Aboriginal people for reconciliation and justice.

### THOUGHT OF THE WEEK

Do not be afraid

12.01.1909

### VALUES OF THE WEEK

Forgiveness and Reconciliation

It's always gratifying to come across inspirational writing that contains advice that is achievable. Perhaps such writing is based on common sense and has a gentleness about it that is reassuring yet challenging. 'A Creed to Live By' fits this description.

#### **A creed to Live by:**

Don't undermine your worth by comparing yourself with others.

It is because we are different that each of us is special.

Don't set your goals by what other people deem important,

only you know what is best for you.

Don't take for granted the things closest to your heart.

Cling to them as you would your life for without them life is meaningless.

Don't let your life slip through your fingers by living in the past or for the future.

By living your life one day at a time you live all the days of your life.

Don't give up when you still have something to give.

Nothing is really over until the moment you stop trying.

Don't be afraid to admit that you are less than perfect.

It is this fragile thread that binds us to teach other.

Don't be afraid to encounter risks.

It is by taking chances that we learn how to be brave.

Don't shut love out of your life by saying it's impossible to find.

The quickest way to receive love is to give love.

The fastest way to lose love is to hold it too tightly;

And the best way to keep love is to give it wings.

Don't dismiss your dreams.

To be without dreams is to be without hope,

To be without hope is to be without purpose.

Don't run through life so fast that you forget where you've been or where you're going.

Life is not a race but a journey to be savoured each step of the way.

*Author unknown*

For Pope Francis, the appreciation of our everyday lives is a spiritual undertaking. Joy is a divine attribute, and creating joy around us an essential part of faith.

Pope Francis suggested 10 ways to lead one to HAPPINESS as

1. Live and let live
2. Give yourself to others
3. Walk softly
4. Enjoy leisure
5. Sunday is for families
6. Empower young people
7. Respect nature
8. Move on
9. Respect others opinions
10. Work for peace

Cate Fraser  
PRINCIPAL





**Mondays** Breakfast Club

**Thursdays** Bluearth  
(Runners to be worn)

**21 Aug** Board Meeting (w/- Ben Higgins)  
(Tue) 7:00pm in the Staff room

**22 Aug** Kyabram P/12, Yr 7 Transition Program  
(Wed) 8:40am – 12:00pm (via bus)

**23 Aug** PUPIL FREE DAY  
(Thu) PD Day for staff

**24 Aug** Book Week Parade  
(Fri) More information to follow

**27 Aug** Scholastic Book Club  
(Mon) Due date for orders

**28 Aug** Veolia Waste Pioneers Program, Echuca  
(Tue) Years 5/6 only

**30 Aug** Father's Day Stall  
(Thu) 9am in library. Price range \$2 - \$7.

**31 Aug** Father's Day Breakfast  
(Fri) 7.30am at the school.  
Father's Day Stall  
9am in library. Price range \$2 - \$7.

**1 Sep** P&F Cake Stall  
(Sat) Details will be given out by Friday Aug 24.

**4 Sep** Sandhurst Arts on Show  
(Tue) Years 3/4/5 & 6 only (more info TBA)

**5 Sep** Pastoral Wellbeing Review  
(Wed) Rushworth P/12, Yr 7 Transition Program  
9:00 – 12:30pm

**10 - 14 Sep** Aquamoves, Shepparton (Swim lessons)  
(Mon - Fri) Students will travel by bus

**17 Sep** P & F Meeting  
(Mon) 9am in staff room.

**21 Sep** Last Day of Term 3  
(Fri) Students dismissed at 2:20pm

**31 Oct** School Disco (school hall)  
(Wed) 4.30 - 6.00pm

**23 Nov** School Fete  
(Fri) Save the date

### **FR JOSEPH**

I haven't heard any word on Fr Joseph's visa of late.

### **VISITORS**

Tuesday August 21 - Mr Ben Higgins-Assistant to the Director Resources and Finance at our Board meeting,

Wednesday August 23 and 29 - Carly Hill and Michele Sanders working with students and a Case Conference,

Monday August 27 = Mr Steve Hicks- Pastoral Wellbeing officer- staff meeting

### **PROFESSIONAL LEARNING**

Wednesday August 23 – Director's briefing & GV Principal meeting –Mrs Fraser

Thursday August 24 – PUPIL FREE DAY –staff attending "Improving learning outcomes in writing, spelling and grammar"

Tuesday August 28 –Primary Principals Network – Mrs Fraser

Wednesday August 29 – REC network –Mrs Hitchcock (Miss Bannon 5/6)

### **CATHOLIC IDENTITY LEADERSHIP TEAM**

ST MARY OF THE CROSS MACKILLOP

*We continue Mary's story...*

Mary returned from Europe and called the first General Chapter of the Congregation. It opened on 19 March 1875 and was presided over by Bishop Reynolds and Fr Tappeiner. Mary was elected the first Superior General and the new Constitutions were passed.

This created challenges for Mary as Bishop James Quinn in Queensland did not want the sisters living under a central authority. The sisters in Queensland

either remained in his diocese under his control or should return to Adelaide.

Mary went to Queensland to visit the sisters that were scattered throughout the vast diocese and to meet with Bishop James Quinn. The meeting with the Bishop did not change anything he only wanted the sisters on his terms. He began filling the teaching positions the sisters held with other teachers and so Mary had no choice but to have the sisters return to Adelaide. There were no sisters in Queensland by 1880.

At this time Bishop Matthew Quinn from the Bathurst diocese, and Bishop James Quinn's brother, also wanted to have control over the sisters. When the Provincial of Bathurst died in 1877 Mary knew the Bishop would not allow another Provincial to be appointed. She travelled to Bathurst to meet with the Bishop.

Bathurst's Bishop had met with the sisters and told Mary that some of the sisters he had brought from Ireland wished to remain in the diocese under his control. Mary attempted to compromise with the Bishop, however, the Council back in Adelaide decided against any compromise and the sisters were to return to South Australia. Some sisters remained in Bathurst and formed the first Diocesan group of the Sisters of St Joseph. Bishop Matthew Quinn adjusted the Constitution to suit the needs of his situation.

Bishop Reynolds informed Mary of an upcoming visit and this took the form of a Commission of Investigation. The investigation was centered on the growing debts of the Institute and the use of alcohol to treat an ongoing medical condition Mary was suffering. The investigation resulted in a favourable report for Mary; however, she received notification that her jurisdiction of the Sisterhood in South Australia had ceased. Mary was asked by the Bishop to leave the diocese. She left quietly and she would not return to Adelaide for many years, which was very difficult for the sisters who remained.

Mary was welcomed in Sydney as they had a growing need for more schools. Archbishop Vaughan was a friend of the Congregation and when he died in 1883 Archbishop Moran was appointed the Bishop of Sydney. Archbishop Moran affirmed the sisters and their work in the diocese. The Archbishop was appointed by Rome to investigate the controversy between Bishop Reynolds and the institute. He concluded that the sisters were doing much good in the diocese and that the Mother

General was well educated and a very talented person. He found that there was nothing to complain about Mary's regard.

Many of the Australian Bishops had a growing argument that it would be more appropriate to have diocesan congregations to govern the institute. Mary's election was not upheld by Rome and the Cardinal was to appoint a Mother General. Sister Bernard Walsh was appointed to take Mary's place. Mary's mother Flora died in a shipwreck on 30 May 1886. Mary suffered a great personal loss, however, she bore this pain and showed great perseverance as she continued the work of God.

The Bishops continued to petition Rome for diocesan control of the sisters. On 15 July 1888 Pope Leo XIII erected the Institute to canonical Congregation with its headquarters in Sydney. To placate the Bishops, the Pope appointed Mother Bernard as the Superior General for the next ten years. This represented challenges for Mary, however, she graciously accepted Mother Bernard's appointment.

Through all these trials and tribulations St Mary of the Cross MacKillop never lost her belief in the God of life. We are very fortunate that she wrote often to her sisters and this is where we get many of the sayings that continue to inspire us. Some of the many sayings she lived by:

*"Never see a need without doing something about it".*  
1871

*"Have courage no matter what your crosses are".*  
1890

Next week, Mary's work spreads across Australia and to New Zealand as her health begins to fail.

### **PUPIL FREE DAY THURSDAY, 23 AUGUST**

Staff will attend a day "Improving student outcomes in writing, spelling & grammar" with Ms Misty Adoniou. This day has been endorsed by our speech pathologist Sheryn Long.

### **BOOK WEEK PARADE FRIDAY, 24 AUGUST**

This year's book week theme is "Find your Treasure". Children and adults always have a favourite book which they treasure. Our book week parade and activities will be held this Friday and our students are invited to dress as their favourite character from the book that they treasure.

## **CBCA WINNERS AND HONOURS LIST:**

### **Picture Story Book:**

Winner –A Walk in the Bush – Gwyn Perkins

Honours – The Greatest Rabbit Chase – Freya Blackwood

Mopoke –Philip Bunting

### **Early Childhood:**

Rodney Loses it –Michael Gerard Bauer

The Very Noisy Baby –Alison Lester

Hark Its me Ruby Lee – Lisa Shanahan

### **Young Readers:**

How to Bee –Bren MacDibble

Henrietta and the Perfect Night –Martine Murray

Marsh and Me –Martine Murray

## **SCHOLASTIC BOOKCLUB**

### **MONDAY, 27 AUGUST**

Please return any book club orders by this date.

## **VEOLIA'S WASTE PIONEERS PROGRAM MRF**

### **TUESDAY, 28 AUGUST**

The Grade 5 & 6 class have completed their design challenge to develop a new use of the 1.25L plastic bottle. They have come up with some amazing ideas to reuse the bottle: a life jacket, hydration back pack, versatile outdoor/indoor chair, seed raising planter, hanging basket, lava lamp and hanging garden. The 1.25L plastic bottle is one of the most commonly found bottles in waste and recycle centres. The Grade 5 & 6 excursion to the Echuca Materials Recovery Facility is next Tuesday. They will learn more about recycling, the important benefits of recycling and how they can reduce waste at home and at school.

## **FATHERS DAY STALL**

### **THURSDAY, 30 AUGUST & FRIDAY 31 AUGUST**

At first break all students will have the opportunity to purchase a gift for their special loved one on Thursday and Friday. Gifts will range in price from \$2 to \$7 each. Transition preps can also bring some money on Friday if they wish.

## **FATHER'S DAY BREAKFAST**

### **FRIDAY, 31 AUGUST @ 7:30AM**

Come along to St Mary's and celebrate Father's Day.

All fathers, grandfathers and special friends are invited to breakfast on Friday week. If you would like to help out with breakfast please let Georgia or Peta know ASAP. Sent home last week was an invitation flyer. Please complete and return this

form for catering purposes by **Monday, 27 August** or call the school if you have any questions.

## **NUDE FOOD LUNCH BOX DAY**

Thanks to all of the children who were able to bring a nude food lunch box today. We hope that this is something that can happen more often and hopefully everyday. This will help us to reduce the waste and make conscious decisions about what they eat considering how this affects the environment and their health.

The students made some delicious muesli bars that can be made economically and with none of the packaging.

### **Muesli Bars**

What you need:

Baking pan coated in cooking spray

Combine

1/2 cup of peanuts

1/2 cup of sunflower seeds

2 cups of sultanas

2 cups of rolled oats

2 cups of rice cereal - rice bubbles

Mix in a large bowl

Combine

1/2 cup of natural peanut butter

1/2 cup brown sugar

1/2 honey

In a large microwaveable bowl and cook on high for 2 minutes

Add

1 teaspoon vanilla

Stir until blended

Pour the peanut mixture over the dry ingredients and stir until coated.

Put mixture in prepared baking pan and press down firmly.

Let stand for about 1 hour to harden then cut into individual bars.

If you would like more information, ideas or recipes please go to:

<https://www.nudefoodday.com.au/resources/>







Emily Walker

Wishing a very Happy Birthday to all who are celebrating their birthday in the coming weeks and months.

### MINI VINNIES HOSTEL VISIT - ART LESSON

The hostel residents enjoyed an art lesson with the 5/6 class yesterday. The Mini Vinnies with Chaplain Jennie and Miss Walsh invited the hostel residents for the art lesson and for morning tea. The residents loved helping the 5/6 class complete their emus, enjoyed their Arts on Show performance and the delicious morning tea prepared by the Mini Vinnies and Jennie. Thank you to the hostel residents, Leah, Jennie and Miss Walsh for making the visit possible



*Mini Vinnies hosting morning tea for visitors from the hostel*

### P & F NEWS

Thank you to everyone who placed orders and supported our Pie Drive. The profit from this fundraiser was **\$763.80**.

Our next meeting will be Monday Sept 17 @ 9am in the staff room. All welcome.

### F/1/2 NEWS

We have had a very busy two weeks in the F/1/2 rooms. In Maths, the students have been working very hard to develop their knowledge of capacity and volume. They have been experimenting with various containers and investigating how much water each container holds. In Literacy, we have finished off our Poetry unit, with the students completing and publishing their own poems.

The students in the F/1/2 classes were very excited to learn about oral health last Thursday. They were interested in the way that sugar effects teeth and the demonstrations that they observed. The students were very eager to check the egg in vinegar Monday morning, to see if the shell had disintegrated. This experiment was to show the students how sugar effects their teeth and dissolves the top layer.

The students have also enjoyed playing with the Marble Run on Thursdays. They have been designing different marble runs and working together towards building their runs.

### Some of the students assembling their marble runs



# STUDENTS OF THE WEEK

Week 4/Term 3



**F/1/2KJ:** Patrick Williams

**F/1/2TN:** Pippa Lockwood

**3/4KR:** Corey Robertson

**5/6 LH** Patrick Donovan

Week 5/Term 3



**F/1/2KJ:** Willow Bertram

**F/1/2TN:** JJ Robertson & Tyler Olney

**3/4KR:** Charlie McLean

**5/6 LH** Shantelle Batt



## MONDAY LUNCH ORDERS LUNCH PRICE LIST

	\$
Meat pie	3.50
Pastie	3.50
Party pie	1.20
Mini pizza (Sup' or Ham & Pine')	3.00
Sausage roll (large)	3.00
Sausage roll (small)	.80
Cheese & bacon roll	1.20
3 filling sandwich	3.50
3 filling roll	4.00
4 filling sandwich	4.00
4 filling roll	4.50
Sandwich with the lot	5.00
Roll with the lot	6.00
Big M (small) (Choc/Straw)	2.50
Nippys (small) (Choc/Straw)	2.50
Primas (Orange or Apple)	1.50
<b>Sauce extra</b>	<b>.20c</b>

**Remember: Children will need to hand in their orders, in a paper bag, early on Monday morning as a staff member from the Rushworth Bakery will arrive to collect the orders at 9.30am.**

### HOT MILO

Tuesdays & Fridays

.50c each

Limit 1 per student





## Children's Chatter Matters!

Language Learning activities to have a go at home.



### Term 3 Language genres/ communicating for different social purposes

#### 5. Communicating to socialise

We all use a particular style when we email or use the internet to access social media but are our children explicitly aware of these styles. How can they adjust their language/style to get more out of their interactions with others?

Ask your child to tell you they might write an email to the following people about a recent holiday. Grandma, their best friend, the school principal, a prep student, the school magazine. What sort of words, phrases do they use for each of these different audience? Why?

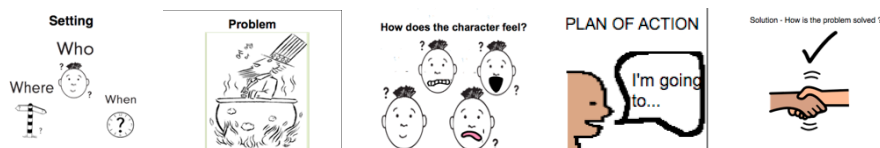
Ask them to comment on this meme as if they were texting it to the same people above.



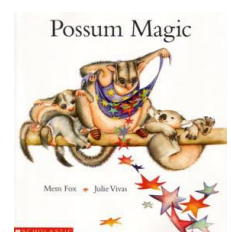
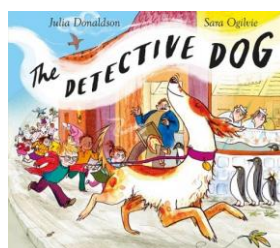
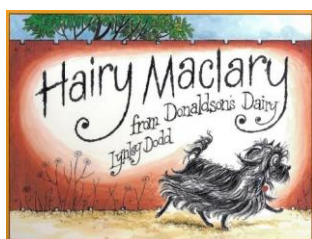
6.

7. Aim to read one book a day with your child (repeating books is OK!). It is important that during reading, you begin to take turns in talking about what is happening in the pictures and ask your child questions that focus on the elements of the story. Use the following questions to help:

- Who is in the story? Where are they? When is the story happening?
- What was the problem?
- How did the characters feel?
- What did the characters decide to do?
- What happened next? What was the solution?
- How will the story end?



Some fabulous books that you might want to find/ borrow to read with your child include:



# St Mary's Primary School 5-7 Southam St, Rushworth



WHAT: Father's Day Breakfast (Bacon and Egg rolls)  
WHEN: Friday 31 August @ 7.30am  
RSVP: Peta by Tuesday, 28 August on 5856 1347

WHEN: Friday 31 August @ 10.50am  
WHAT: Gifts can be purchased. Prices range from \$2 to \$7 each.

