

St Mary's School Newsletter

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Volume 3: Issue 1

25 July 2017

St Mary's Catholic School is a community that walks in the footsteps of Jesus and works in partnership with families in the Josephite tradition, to develop and educate the whole child.

St Mary's School Board Members

Fr. Joseph Thippabathini, PA
Kathy Barlow 5856 7335, Chairperson
Rob Donovan 0418 576 306
Jo Miller 0438 561 634

Catherine Fraser, Principal
John Arnel 0438 567 257
Amy Francis 0429 186 273

Katie Rasmussen, Deputy Principal
Renea Cruz 0424 245 442
Stephen Francis 0418 178 630
Lisa Hitchcock

ACKNOWLEDGEMENT



St Mary's acknowledges the Taungurung people, the traditional custodians of the land on which our school is situated. We commit to working in partnership with Aboriginal people for reconciliation and justice.

THOUGHT OF THE WEEK

"It is by love that God has always led me, by love that God reproves me, by love that God lets me see love in all."

15.7.1873

VALUES OF THE WEEK

Integrity and Self Discipline

CHILDREN'S DREAMS

When children leave the maternity hospital they should have a tag attached to their big toe which says, "Handle with care". However, this small cautionary message is meant to be applied to the soul of the child wherein is held the "dream" of the child's life. This dream should grow along with the body, provided both have a safe and secure environment.

John F. Kennedy said that, "Children are the world's most valuable resource and its best hope for the future". If this is true, then 'Handle with care' is not an option it is an obligation. Parents, without losing their position of authority, can offer true friendship to their children and be intimately involved in their children's advancement in life. Parent-child friendship is a bond of steadfastness and acceptance that allows a child to be who they are, fully and without fear that love will be withdrawn. It is the bond of friendship that allows a child to explore their dream through non-judgmental feedback and supportiveness. Susan Kramer tells us that:

"A friend:

***Is some who listens openly,
non-judgementally when judgement would be easy.
Is someone who takes extra time to lend a helping hand when busy themselves.
Is someone who will act for you as they would for themselves.
Is someone who offers unconditional loyalty and love."***

If children have parents who can offer this type of friendship to them, then, the "future" will be in good hands.

Of course, this does not mean that the friendship that parents offer their children paralyses their role as parents by allowing children to do what they want. It is never an act of friendship to allow a child to make an unwise choice or decision simply because saying "no" to children might cause them "pain" or inconvenience.

By acting kindly we remain energised and free of tension. This helps to avoid self-induced stress in mind and body - a smile uses less energy and fewer muscles than a frown.

Lord help me to always extend friendship to my children, who own gifts that you entrusted into my care. Amen

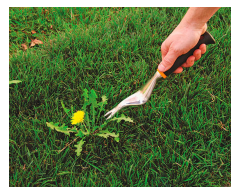
Reflection from Leon Burke

Regards,
Catherine Fraser
PRINCIPAL





Every Monday	<u>Bluearth</u> (runners required)
26 Jul (Wed)	<u>Board Meeting</u> 7:00pm in the Staff Room
28 Jul (Fri)	<u>Transition 2018 Foundation Students</u> 8:50am - 11:35am
31 Jul (Mon)	<u>Year 7 Transition Program 2017</u> Rushworth P/12 <u>P&F Meeting</u> 9:00am in the Staff Room
4 Aug (Fri)	<u>Transition 2018 Foundation Students</u> 8:50am - 11:35am
8 Aug (Tue)	<u>St Mary of the Cross Feast Day</u> St Joseph's, Nagambie students to join us
10 Aug (Thu)	<u>"Ditto" Bravehearts Visit</u> Years Foundation to 3 only <u>Sacramental Preparation</u> St Laurence's Church, Stanhope
11 Aug (Fri)	<u>Transition 2018 Foundation Students</u> 8:50am - 11:35am
13 Aug (Sun)	<u>Confirmation and First Eucharist</u> St Laurence's Church, Stanhope @ 10:00am
14-16 Aug (Mon-Wed)	<u>Billabong Ranch Camp 2017, Echuca</u> Years 3/4 only
29 Aug (Tue)	<u>Athletics (Years 3-6), Shepparton</u> McEwan Reserve, Shepparton
30 & 31 Aug (Wed & Thu)	<u>Father's Day Stalls</u>
14 Sep (Thu)	<u>Whole School Production</u>
20 Sep (Wed)	<u>Pupil Free Day</u> Staff Reflection Day



July Families
M & R Cruz
Y & C Swiss
C Thomas
M & T Jones

August Families

K Langman
A & J Williams
M & A McLean

GARDENING

The July & August gardening groups are asked to please weed, sweep and dust cobwebs around the school gardens/grounds. Thank you for your assistance.

YEAR 7 TRANSITION 2017 REMINDER RUSHWORTH P-12 COLLEGE

All students who are attending Rushworth P-12 College in 2018 need to ensure their enrolment forms are returned to Rushworth P-12 ASAP.

Larissa Carr, Transition Co-ordinator, is still waiting on a number of students to return these forms. These forms need to be returned prior to Monday, 31 July to enable participation in this first transition session.

SIGNING STUDENTS IN AND OUT

We are now using the SIMON kiosk device for signing students in and out. Parents/carers are requested to sign students in if coming late to school and sign out if attending an appointment. The office staff will advise how to use the device if you are unsure.



ST BRENDAN'S NETBALL CARNIVAL

Due to insufficient expression of interest replies, a Year 5/6 team will not be entered into the tournament on Sunday, 20 August.

HELP WANTED!

SRC - MARBLE RUN

The SRC have been collecting materials to build a marble run for the school. A marble run is a creative activity where students use a range of materials to enable their marble to roll down the board. The aim is to keep the marble moving for as long as possible. We are needing some builders or DIY men and women to assist with the building of the marble run boards. All

materials will be supplied (timber for the frame, screws and peg board plywood backing), we just need your expertise! If you're able to assist with this or know someone who can, please see Miss Smith.

LEARNING CONVERSATIONS

Thank you to the parents and carers who made time to speak your child/rens classroom teacher last week. It was an ideal time to unpack the report that you received at the end of first semester. Our teachers were happy with your feedback regarding the new report format. It was certainly a less onerous task to write the reports.

CRITICAL INCIDENTS PROFESSIONAL LEARNING

Over the past two days all St Mary's staff have received training in responding to a critical incident in our school community. This critical incident could involve a death, serious accident, or trauma to school staff or family. These were two very intense days with a lot of input from the presenters.

TRANSITION FOUNDATION STUDENTS

Last Friday we welcomed 15 transition students to St Mary's for the morning. They were a very engaged group who settled in well. Thanks to our current parents/carers who engaged with the new mums for a cuppa in the staff room.

RETURNING TO SCHOOL

How did your child/ren return to school after the midyear break? Often at back to school time children may feel:

- stressed or anxious
- excited about seeing friends again
- enthused about getting new stationery or covering books
- sad or upset that holidays are now over
- pressured by what their teacher, parents or friends expect of them
- physically sick with stress, including headaches or migraines
- concerned about work load and keeping up with school work and curriculum.

Children of all ages have different experiences of going back to school, and parents/carers should tune in to work out how their children are coping and what they are feeling.

For example, it's not uncommon that children past the first year of school find it difficult to

sleep the night before school returns after a holiday break.

It is also possible that some children worry about going back to school because they have been bullied and are concerned it might continue once school resumes.

Building your child's sense of resilience can be one way to help them tackle any back to school challenges.

FLYING BOOKWORM

The Foundation and Year 1 & 2 students enjoyed a wonderful performance by Liam and Jess in the last week of Term 2 at the Rushworth P-12 College. Thanks to Marg and the Rushworth Kindergarten for organising once again.



The F/1/2 class with Liam from the Flying Bookworm.



William playing the part of a Farmer's son.

TRANSITION RUSHWORTH P-12 COLLEGE (2018 YEAR 7) MONDAY, 31 JULY

On Monday, 31 July the students who will be attending Rushworth P-12 College in 2018, will attend a transition morning from 9:10am – 12:30pm. The students are asked to make their own way to the College in the morning and Mrs Fraser will be at the College at 12:30pm to walk the students back to St Mary's.

PARENTS AND FRIENDS

MONDAY, 31 JULY

The P & F will meet next Monday, 31 July at 9:00am in the staff room.

ST MARY OF THE CROSS FEAST DAY

TUESDAY, 8 AUGUST

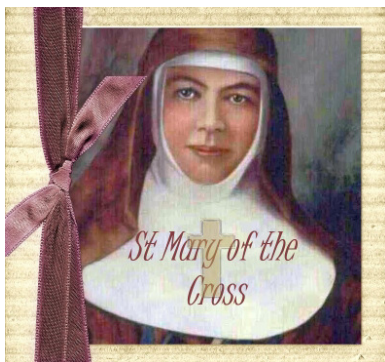
On Tuesday, 8 August we will welcome St Joseph's School, Nagambie to celebrate the Feast Day of St Mary of the Cross MacKillop. We will celebrate with a Prayer Service at 10:00am, a range of different activities and a sausage sizzle.

St Mary of the Cross is a true inspiration at St Mary's School. I see it every day in the children, families and staff at our school. The care, generosity, commitment and welcoming nature that is evident each day is a real tribute to Mary and the Josephite Sister's influence that continues. The school community is very proud to be a Josephite school and to be carrying on St Mary of the Cross and the Josephite's tradition.

The following is the beginning of St Mary of the Cross' story.

St Mary of the Cross MacKillop

Mary's Early Life



Mary Helen MacKillop was born to Alexander MacKillop and Flora MacKillop (nee MacDonald) on the 15th January, 1842.

Mary was the eldest of eight children. Flora MacDonald, from Scotland arrived in Australia in 1840, with her mother and brother Alexander MacKillop was born in Scotland in 1812. He went to Rome to study for the priesthood, however, he returned to Scotland for health reasons.

Alexander came to Australia in 1838 looking for a better life in the new country of Australia.

Alexander and Flora met soon after her arrival and within three months of Flora arriving they were married on 14th July, 1840. Alexander purchased their first family home in the April of 1841, in Brunswick Street, Fitzroy. Mary was born at this home and there is a plaque that marks the place of Mary's birth in Brunswick Street.

Alexander and Flora had eight children, four girls and four boys. The MacKillop children had an unsettled childhood. Mary was educated well by her father; however, Alexander lacked understanding about financial matters. Their home was not a prosperous one and there was not much happiness due to the failure of Alexander's business dealings. Family and friends helped support the family and the family was often without a home. The sense of hopelessness that the family often experienced was countered by Flora's sense of providence, which means that 'God will provide'. This became a significant part of Mary's being and served her well throughout life.

The laneway next to Mary MacKillop heritage centre at 362 Albert Street, East Melbourne is called 'Providence Lane'. The heritage centre is open to the public and is a well worth visit to experience and discover more about St Mary of the Cross.

<http://www.marymackillopheritagecentre.org.au>

The children were rarely schooled formally outside of the home, and although Alexander could not support the family financially he educated them well in faith and their schoolwork.

Alexander could be absent from the family and Mary responded to her father's inability to provide for the family by becoming the family's primary provider. Mary earned her living and supported her family as a governess, clerk or teacher from the age of fourteen.

Next week... Mary's move to Penola, South Australia.

Bravehearts DITTO VISIT

THURSDAY, 10 AUGUST

YEARS FOUNDATION TO 3 ONLY

Ditto will be visiting St Mary's on Thursday, 10 August. Ditto will present the Keep Safe Adventure Show for students in Foundation to Year 3. Students will learn about personal safety. This fun show helps to educate students with strategies and skills to stay safe in a range of situations. A letter will be sent home to families of the F-3 students later this week with further information. If you have any queries please see Mrs Hitchcock.



**SACRAMENTAL PROGRAM
CONFIRMATION – SUNDAY, 13 AUGUST**

The Sacramental candidates will complete week five. We remember, we give thanks, of their program in preparation for Confirmation and First Eucharist. Please pray for Zahley Francis, Grace Barlow, Jackie Jones, James Hipwell, William Hipwell, Joel Poole, William Poole, William Appleton, David Appleton and their families as they continue their faith journey. Confirmation and First Eucharist will be celebrated by Bishop Leslie Tomlinson on Sunday, 13 August at St Laurence's Church, Stanhope. All are welcome to attend.

**YEAR 3/4 CAMP
BILLABONG RANCH, ECHUCA
MONDAY TO WEDNESDAY, 14 – 16 AUGUST**

Permission forms have now been handed out. Please have these completed and returned by **Friday, 4 August**. A parent/carer information session will be held on Thursday, 3 August at 3:00pm in the 3/4 room.

**VICTORIAN PREMIERS' READING CHALLENGE
20 AUGUST (DEADLINE)**

We have less than a month left to complete the challenge! Please make sure you hand your reading record to Miss Smith by 20 August to make your books count towards the challenge. Remember, those aged below year 3 need to experience 30 books and those year 3 and above need to read 15 books off the challenge list. If you need a recording sheet, please see Miss Smith.

For more information about the Victorian Premiers' Reading Challenge, such as viewing the booklists, visit:

www.education.vic.gov.au/prc.

Just a reminder, in order to meet the challenge, students must select books off the official booklist (link above).

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and can choose to have their name included on the online Honour Roll. If you would like your child's name to appear on the Honour Roll, please see Miss Smith for a consent form.

Lill Smith
Year 5/6 Classroom Teacher

Victorian
premiers' reading challenge

**INTERSCHOOL ATHLETIC SPORTS
TUESDAY, 29 AUGUST
(YEAR 3-6 STUDENTS ONLY)**

The year 3-6 Athletics Carnival will take place on Tuesday, 29 August at McEwan Reserve, Shepparton. Once again, St Mary's will be running the hurdles event. If you are able to assist on this day (any length of time will be of great assistance) please see Miss Smith. Permission forms will be sent home shortly.

**PUPIL FREE DAY
WEDNESDAY, 20 SEPTEMBER**

Staff will be participating in a Reflection day on Wednesday, 20 September. This will be a pupil free day.

**CARITAS CLIMATE ACTION:
CLIMATE JUSTICE PETITION
The very last chance to sign!**

Thank you to those who have already signed.

Climate change is impacting many of most vulnerable communities, which is making life hard for these communities around the world. Caritas is asking communities to join with them to raise a powerful voice for climate justice to be a part of Australia's largest ever climate justice campaign from communities of faith. By joining together as one it will be impossible to ignore that our communities want climate justice for all. Your help is needed **to create the largest multi-electorate petition in Australia's history** and make it impossible to ignore that people of faith want climate justice.

Pope Francis gave us great insight on the need to care for our common home through the encyclical Laudato Si.

"Society, through non-governmental organisations, must put pressure on governments to develop more rigorous regulations, procedures and controls. Unless citizens control political power – national, regional and municipal – it will not be possible to control damage to the environment"

If you would like to sign the petition please go to the school office. All signatures need to be completed by Thursday, 3 August, as petitions will be delivered to the local Members of Parliament in August. *(Please note the deadline was extended due to the huge importance in striving to make a difference by joining together to protect our common home.)*

MINI VINNIES

Will have their first meeting on Friday and will start selling Milos this Friday, 28 July.

HOT MILO

Tuesdays & Fridays

.50c each

Limit 1 per student



Riley Knight
Chloe Johnstone
Lucas Jones

Wishing a very Happy
Birthday to all who are
celebrating their birthday
in the coming weeks.

STUDENTS OF THE WEEK

TERM 3/WEEK 1 STUDENTS



Year F/1/2 Willow Bertram & Mieke Wright

Year 3/4 Stephan Sutton

Year 5/6 Abi Klinkert

Rushworth Easter Heritage Festival Inc. REHF Monthly Market



The Rushworth Easter Heritage (REHF) Market is held on the third Saturday of each month, located in High Street Rushworth.

Time: The market runs 8:00am until 1:00pm on the third Saturday of each month. The next market date is Saturday, 19 Aug 2017.

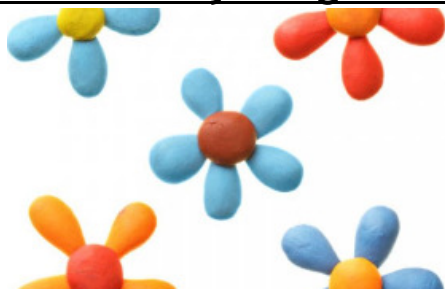
Cost: Entry to browse the market is FREE.

Parking: Plenty of parking available.

Bookings: Stall holder bookings are essential.

New stall holders welcome: Contact 0481 354 154 or e-mail rehfmarket@gmail.com.

No-cook Playdough Recipe



Ingredients:

1 cup salt
3 cups plain flour
60ml (1tbsp) vegetable oil
Food colouring
250ml (1 cup) water

Method:

1. Mix all the dry ingredients and add oil.
2. Add the food colouring to water.
3. Slowly add the water until desired consistency is reached.
4. Kneading will help to improve the texture, so let your kids get into it!

Notes:

Wrap the play dough up well after your child has finished playing with it in a zip lock bag (with all the air squeezed out) and then pop it in an airtight plastic box. This way, it'll stay fresh for another day.

Add the food colouring to the play dough and knead on a plastic board if you don't want to turn your wooden chopping board a funny colour.

Roll out the dough and use cookie cutters to make decorations. Use a straw to make a hole for hanging and then thread the air dried shapes on to pretty ribbon or string to make a colourful garland.



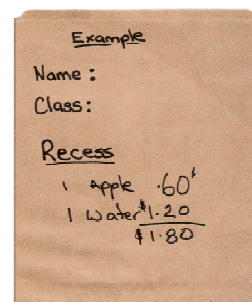
MONDAY LUNCH ORDERS

LUNCH PRICE LIST

Meat pie	\$3.50
Pastie	\$3.50
Party pie	\$1.20
Mini pizza (Sup'/Ham & P'apple)	\$3.00
Sausage roll (large)	\$3.00
Sausage roll (small)	\$0.80
Cheese & bacon roll	\$1.20
3 filling sandwich	\$3.50
3 filling roll	\$4.00
4 filling sandwich	\$4.00
4 filling roll	\$4.50
Sandwich with the lot	\$5.00
Roll with the lot	\$6.00
Sml Big M	\$2.50
Sml Nippys	\$2.50
Primas - Orng or App	\$1.50

Sauce extra 20c

Remember: Children will need to hand in their orders, in a paper bag, early on Monday morning as a staff member from the Rushworth Bakery will arrive to collect the orders at 9.30am.



Steps in Faith Sacramental Preparation ~ 2017			
Date and Time	Event	Facilitator	Place
Week beg: Monday, 24 July	Wk 5 - We remember, We give thanks	Parent & child groups	
Week beg: Monday, 31 July	Wk 6 - We participate, We receive, we go forth	Parent & child groups	
Week beg: Monday, 7 August	Preparation Week - Thursday, 10th August	Cate Fraser	St Laurence's Church, Stanhope
Sunday, 13 August	Celebration of Confirmation and First Eucharist	Rev Bishop Leslie Tomlinson	St Laurence's Church, Stanhope @ 10.00am

Some reminders:

1. Remember to sit beside your child when at the meeting and encourage him/her to discuss the questions.
2. Arrange a prayer focus for each meeting i.e. cloth, candle, bible, symbols.
3. Read the chapter for the week before the meeting and be prepared, bringing any items suggested.
4. This is your special time with your child. You are your child's first faith educator.
5. Revise the chapter with your child during the week before the next meeting.
6. Make sure that you enjoy the time meeting other families on the same faith journey.

Waranga Medical Centre

P: 03 5851 8400

F: 03 5851 8425

8 High Street, Rushworth Vic 3612
E:warangamedical@gvhealth.org.au



Opening Hours:

Monday to Friday
9am – 5pm

Pathology Clinic:

Wednesdays 9am - 11.30am

Psychologist:

Rachael Masiboy
Every second Monday

Pap Nurse Provider:

Nicole Brereton, Monthly

'Achieving a healthy community is our Mission'



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