

# St Mary's Primary School Newsletter

Phone: 5856 1347 & 5856 1989

Fax: 5856 1851

E-mail: [admin@smrushworth.catholic.edu.au](mailto:admin@smrushworth.catholic.edu.au)

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*St Mary's Catholic School is a community that walks in the footsteps of Jesus and works in partnership with families in the Josephite tradition, to develop and educate the whole child.*

## St Mary's Primary School Advisory Council Members

Catherine Fraser, Principal

Matt Barlow 0417 105 603

Sharon Gleeson 0409 506 923

Stephen Francis 0418 178 630

Thea Parry

Dee Walker 0418 991 756

Amanda Williams 0400 108 564

**St Mary's School is committed to child safety and to the inclusion of all students.**

## ACKNOWLEDGEMENT



St Mary's acknowledges the Ngurai-illum Wurrung people, the traditional custodians of the land on which our school is situated. We commit to working in partnership with Aboriginal people for reconciliation and justice.

## THOUGHT OF THE WEEK

Do be faithful in little things

30.6.1873

## VALUES OF THE WEEK

Joy Optimism & Creativity



We are now in the fourth week of Lent, a time when we can choose to repent and refrain from the use of unkind words and actions.

Matthew in his Gospel suggests what it is that the "Christian should be doing": "Give alms...Pray to your Father...Fast without a gloomy face." (Matt 6:1-18)

**Alms giving** or making the needs of others, especially the needy, our own, has always been a focus of Christian expression. The 'needy' encompass children, the old, the sick, the suffering, no matter where they may live. To such people, or the organisations which assist them, we can give time, a share of our talents, material resources...; whatever we give should be something of ourselves, something that costs us.

**Prayer** is much more than simply saying words; it is the quiet engagement of our inner-self. We should endeavour to close out the noise, the trivialities, the distractions that crave our attention. In the quietness of ourselves we can speak to God. He is a good listener; He knows our needs.

**Fasting** in today's society is somewhat regarded with ridicule. We are bombarded with messages to eat and drink and buy more and more. We have become addicted to food, drink, clothes, amusements. Some reasonable fasting from food, drink and entertainment can give us freedom and help keep the 'compulsions' in their true perspective – as an assistance to life not the reason for it.

Alms giving, prayer and fasting are traditions associated with this part of the Church's Liturgical year.

L Bourke

Our students with your support have been doing wonderful work fundraising for Caritas through the fun Friday activities during Lent.

Cate Fraser  
PRINCIPAL



# UPCOMING EVENTS

Mark Your Calendars



<b>Mondays</b>	<b><u>Lunch orders</u></b> New prices as of 1 Feb 2021
<b>Tuesdays &amp; Thursdays</b>	<b><u>Breakfast Club</u></b> 8:30 to 8:45
<b>19 Mar (Fri)</b>	<b><u>Be More Dress Up Day</u></b> Dress as something starting with B
	<b><u>Ride2School Day</u></b>
	<b><u>P&amp;F Meeting</u></b> 9:00 am in the hall. All welcome
<b>26 Mar (Fri)</b>	<b><u>Sovereign Hill, Ballarat</u></b> Whole school excursion
<b>1 Apr (Thu)</b>	<b><u>Cross Country</u></b> Money raised will go to Caritas
	<b><u>Last Day of Term One</u></b> Students dismissed at 3:20pm
<b>19 Apr (Mon)</b>	<b><u>Term Two Begins</u></b> All students return
<b>30 Apr (Fri)</b>	<b><u>P&amp;F Easter Egg Fundraiser Money</u></b> Please return all monies by today



## FOOTY TIPPING 2021

AFL round 1 begins on Thursday March 18. Footy tipping sheets will be available from the school office, Perry's Butchery, Colbinabbin General Store, Stanhope Post Office and Rushworth IGA.

## CAMPS, SPORTS & EXCURSION FUND (CSEF)

This applies to families who hold a current Centrelink concession or Health care card. An application form was sent home last week. Please complete, sign and return this form to the office as soon as possible.

Kindly be advised that all excursion and/or camp components of the school fees are now due. Payment of student's excursion and/or camp fees are required in advance. If you have any queries or would like to discuss this further, please contact Mrs Fraser.

## MEDICAL INFO ON PAM

The PAM Medical Info Update 2021 has sent out. Please attend to this ASAP.

Please also add and/or amend your GP details and have 2 emergency contacts listed. Both of your emergency contacts must be able to collect your child within 1 hour (if called).

If you have any queries, please contact Georgia or Peta in the office.

## CONGRATULATIONS

Congratulations to Laura Martin who has recently commenced a Bachelor of Educational Studies at La Trobe University Bendigo. Laura will continue to work at St Mary's on the days that she is not at university.

## BUILDING PROJECT

Today Peter Byrne our architect for the building project will meet with leadership to present the revised plans. These plans will then be displayed for our school community to view.

## PROFESSIONAL LEARNING

Friday March 19 – RE Leader Release – Mrs Parry – Mrs Clarke will teach 3/4.

Tuesday March 23 – Festival of the Sacred PL – Miss Simmons – Gen Stewart will teach 5/6

## SCHOOL ADVISORY COUNCIL:

Last night Mrs Joan Coldwell Project Officer: School Advisory Council met with our members to explain the changes that have been made due to the change in governance to Catholic Education Sandhurst Ltd (CES Ltd). Our current SAC members are: Amanda Williams, Deanne Walker, Sharon Gleeson, Stephen Francis and Matt Barlow. Alana Perry has recently been nominated and has

accepted the position. There is a vacancy on our SAC so if any parent is interested in joining the School Advisory Council please contact Mrs Fraser. We decided at our meeting that we would meet once a term unless there were any important matters to address.



### NUDE FOOD

It has been noted that the amount of wrappers in the playground is increasing. Students are encouraged to place their soft plastic in the appropriate bin but more and more are found under bushes and generally all around the school. Next term we will begin our NUDE food days in an effort to encourage families to send wrapper free lunches to school.

Other thoughts are that students will take their wrappers home.

It is more cost effective to make some muffins or slices to use for school snacks and it eliminates the wrapper problem.

### RECIPE APPLE AND TOASTED MUESLI MUFFINS

#### Ingredients

- 2 1/2 cups of SR flour
- 2/3 cup raw sugar
- 1 cup toasted muesli
- 1 large egg
- 1/4 cup vegetable oil
- 1 1/4 cups milk
- 1 granny Smith apple unpeeled and coarsely grated
- 1/2 cup raisins

#### Method

Preheat the oven to 180°C, line a 12 hole muffin pan with paper cases. Sift flour into a large bowl. Add sugar and muesli then stir to combine. In a separate bowl whisk together egg, oil and milk. Add to the dry ingredients with apple and raisins. Stir with a wooden spoon until just combined.

Divide among prepared muffin pans. Bake for 20 -25 minutes until muffins are firm and golden and a skewer inserted in the centre comes out clean. Turn out onto a wire rack to cool. Enjoy.



### "BE MORE" DRESS UP DAY

**Friday 19th March**

Come dressed as something starting with the letter B. Bring a gold coin donation for Project Compassion.

*"Aspire not to have more, but to be more."*

Please support Project Compassion:

[lent.caritas.org.au](http://lent.caritas.org.au)

### NATIONAL RIDE2SCHOOL DAY

Friday 19 March 2021



### RIDE2SCHOOL DAY

**Friday 19th March**

National Ride2School Day is Australia's biggest celebration of active travel and one of the best days on the school calendar. It is the perfect opportunity for students and our school community to embrace a healthier start and to try riding, walking, riding a scooter or riding a skateboard to school. There are many other ways to arrive at school safely - we look forward to seeing students actively arrive at school on Friday 19th March!

Students may start arriving at school from 8.15am onwards, for a healthy breakfast followed by a Ride2School Parade following our Morning Assembly.

When arriving at school, students will need to ensure that their bike/skateboard, etc, are placed directly into the Bike Shed. Students may collect their bike, skateboard, etc before our Parade.

Parents are invited to attend - COVID safe processes will be implemented (social distancing, QR code scanning, etc).

**\*\*If any student would like to be a part of the school Ride2School group, we will be leaving the Bakery at 8:15am with Mrs Jamieson. Anyone who**



is riding a bike, skateboard, scooter or walking, is very welcome! \*\*

# SovereignHill

## BALLARAT

### SCHOOL EXCURSION

**Friday 26<sup>th</sup> March**

Our whole school will be travelling to Sovereign Hill, Ballarat for our whole school excursion.

Students will be expected to be at school by 6.45am for a 7.00am departure. We expect to return to school by approximately 6.30 – 7.00pm. This will be a long day for our junior students but all care will be taken to encourage them to sleep on the bus. Please ensure that you pack enough food for the long day including something substantial to eat before the return trip. (ie. sandwiches or wraps/rolls x 2 and plenty of snacks/fruit and their water bottle). Ballarat is renowned for its cold weather so please send a jumper and a jacket.

Devices are permitted on the bus, however they are to be left on the bus during the day and school will not accept responsibility for any lost or broken devices.

Please go to PAM and complete the permission form. Please also ensure that you have opened the Medical form on PAM and completed it.



### CROSS COUNTRY

**Thursday 1st April**

Our Cross Country will commence at 10:00am. F/1 students will compete in a 1km course, Grade 2 1.5km, 3/4 2kms and 5/6 3 kms. Students will be encouraged to run but may walk to complete the course. Students will need to wear their sports uniform and comfortable running shoes. Hats sunscreen and water bottles will be required. At this stage parents will be welcome to attend.

### P&F NEWS

The Easter eggs boxes have been sent out today to each family. This is our major Easter fundraiser as

we will not be attending the Rushworth Easter Market this year. All monies need to be returned to the office y Friday April 30.

Thank you for your support of this fundraiser.

### PET PARADE

It was wonderful to see the variety pets that came to school last Friday. All the animals were very well behaved.



*Gerry showing off his dog Lacey*



*The Grade 5/6 class were happy to look after Ms Simmons's dog Odin.*



**Bryce Hudson**  
**Zeliha Hanson**  
**Yyana Forde**  
**Ethan Atkinson**  
**Amber Sing**

*Wishing a Happy Birthday to  
 everyone celebrating a  
 birthday in the coming weeks*

### **STUDENTS OF THE WEEK**

**Term 1/Week 7**



**Grade 2/3:** Leigh Crabtree

**Grade 5/6:** William Ogden

**Principal Award:** Patrick Williams & Mac  
 Dickinson



### **MONDAY LUNCH ORDERS** **(PRICE LIST)**

	\$
Meat pie	4.00
Pastie	4.00
Party pie	1.70
Mini pizza (Sup' or Ham & Pine')	3.00
Sausage roll (large)	3.50
Sausage roll (small)	.80
Cheese & bacon roll	2.00
3 filling sandwich	3.50
3 filling roll	4.00
4 filling sandwich	4.00
4 filling roll	4.50
Sandwich with the lot	5.00
Roll with the lot	6.00
Big M (small) (Choc/Straw)	2.50
Nippys (small) (Choc/Straw)	2.50
Primas (Orange or Apple)	1.50
Sauce extra	.20c

\*\*\*\*\*

Remember: Children need to  
 hand in their orders, in a paper  
 bag, early on Monday morning  
 as a staff member from the  
 Rushworth Bakery will arrive to  
 collect the orders at 9:30am.

\*\*\*\*\*



# Ride to School Day Helmet Decorating

Task: Decorate the picture of the bike helmet in a theme of your choice.

